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## 2019 PYRAMEX<sup>®</sup> COOLING PRODUCTS COMBAT HEAT STRESS

## Know the Facts, Be Prepared and Be Equipped to Stay Safe as Summer Temperatures Rise

Pyramex<sup>®</sup> understands being safe on the job is more than just doing one thing – it's about being educated and having the right equipment. Every year hard-working Americans suffer from heat stroke. As the weather heats up, be prepared by knowing the symptoms, drinking more water, being aware of when you are in the heat and protecting yourself with equipment that works to keep your body cooler. From cooling towels and attachable shades to cooling towel wraps and moisture-wicking vests, and shirts, Pyramex has you covered.

Heat causes more deaths than any other weather-related hazard. Symptoms can range from a throbbing headache, dizziness, lack of sweating, nausea, and rapid to shallow breathing. If someone appears to have heat stroke, it's important to get them out of the heat quickly and into a cool place or shade. Have him/her drink water, and apply cool towels to their skin. If he/she is having shortness of breath, see a doctor immediately.

Another prime way to protect against heat stroke is with equipment designed to help keep your body cool. Pyramex does just this. Choose from a variety of hat shades with the company's HPSHADE series, which has an oversized brim with a neck shade, the CNB series, which provides additional cooling or the CNS1 series which features a padded neck shade. Sometimes it's something relatively small that makes the biggest difference when standing on the asphalt all day long. Try the company's cooling and moisture wicking towels, cooling towel wraps, breathable skull cap or cooling hard hat pads.

The fact is you will sweat when on the job. Breathable and moisture-wicking clothing is key when putting in a full shift in the sun. Pyramex cooling vests are adjustable, durable and ultra-lightweight. Choose from Pyramex's full line of hi-vis short sleeve and long-sleeve shirts. Constructed of a thin polyester material, the breathable and moisture-wicking material won't stick to you when you sweat. The material also offers UPF30 sun protection and is ANSI rated.

Pyramex Safety delivers high quality safety products through its innovative and stylish product lines. The company designs and manufactures a variety of personal protective equipment from eye, head, hand, welding, cooling and hearing protection to Hi-Vis work wear, respirators and ergonomic gear. Founded in 1991, the company has more than 2,000 distributors in over 60 countries and is committed to investing countless hours to research, design and testing to ensure Pyramex products meet the highest industry safety standards. To learn more about Pyramex Safety, go to <a href="https://www.pyramexsafety.com">www.pyramexsafety.com</a>.

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